



# ROYCE TRAINING GROUP

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## FATIGUE MANAGEMENT COURSES

Heavy Vehicle Driver Fatigue Management Legislation requires operators to adhere to work and rest limits, and manage driver fatigue more effectively. The reform provides a “Chain of Responsibility” structure, ensuring all parties from Management through to drivers and loaders/unloaders work co-operatively to ensure no-one breaches legal work/rest hours.

The Transitional Fatigue Management Scheme (TFMS) and Fatigue Management Pilot (FMP) have been superseded by Basic Fatigue Management (BFM) and Advanced Fatigue Management (AFM) for drivers and supervisors who operate outside a 100 km radius of their base.

On September 29, 2008, Work Diaries replaced Log Books. All drivers operating outside the 100 km radius are required to use a Work Diary (available from the RTA). Work Diaries have been mandatory since midnight on 28 December, 2008.

Royce Training Group (RTG) is able to provide:

- The Basic Fatigue Management course for Operators (TLIF1007C – Apply Fatigue Management Strategies). Participants attend a 4 hour theory-based training session.
- The Basic Fatigue Management course for Supervisors (TLIF6307A - Administer the Implementation of Fatigue Management Strategies). Participants attend a 7 hour theory-based training session.

The competency units specify standards for a comprehensive range of knowledge and skills relating to fatigue management and are designed to supplement appropriate training and assessment. The standards define competency elements, performance criteria, knowledge and skills requirements, and include the following topics:

- Legislation
- Chain of Responsibility
- Heavy Vehicle Accreditation Scheme (HVAS) Standards
- Fatigue Knowledge/Awareness
- Sleep Science

RTG works in conjunction with Into Training Australia, a Registered Training Organisation (RTO) to deliver the Fatigue Management Courses. All participants deemed competent are issued with a “Statement of Attainment”, which is posted when all paperwork has been verified by Into Training Australia.

Course Title	Duration	Course Cost (per person)	Manual & Documentation Cost (per person)
<b>TLIF1007C</b> Apply Fatigue Management Strategies – Operators	4 hours	\$200.00	\$90.00
<b>TLIF6307A</b> Administer the Implementation of Fatigue Management Strategies – Supervisors	7 hours	\$470.00	\$90.00

Further information can be obtained from the Roads and Traffic Authority (RTA) website:

<http://www.rta.nsw.gov.au/heavyvehicles/safety/hvfatigue/index.html?hhid=hvfatigue>

or the National Transport Commission Australia (NTC) website:

<http://www.ntc.gov.au/ViewPage.aspx?page=A023144014000900200>

Click on the links to visit these sites.

Please call RTG on (02) 9648 7233 to discuss your needs with our staff. We are able to offer courses for individuals, small groups and corporate clients.



LEADERS IN DRIVER TRAINING – ESTABLISHED 1963

Heavy Vehicle Licence Upgrades • Car Licences • Driver Assessments  
Our courses include: Defensive Driving • Fatigue Management • Driver Authority • Fork Lift Licence